

**SBVC Kinesiology  
Athletic Trainer Aide Certificate**

**Advisory Committee**

**Zoom Meetings**

March 15, 16 and 17, 2021

<b>Kristen Braun</b>	<b>Matthew Maeda - present</b>
Athletic Director	Athletic Director
Jurupa Valley High School	San Geronio High School
<b>Chanel Burrell - present</b>	<b>Denise Robertson - present</b>
Certified Athletic Trainer	Certified Athletic Trainer
Jurupa Hills High School	San Geronio High School
<b>Keith Candelaria</b>	<b>Scott Sunderland - present</b>
Certified Athletic Trainer	Former Athletic Director
San Bernardino Valley College	Colton High School
<b>Tiffany Gordon – present</b>	<b>Kristin Hauge - present</b>
Athletic Director	SBVC Kinesiology Department
Certified Athletic Trainer	Committee Leader
Grand Terrace High School	

1. Introductions
2. Athletic Trainer Aide Certificate discussion
  - a. Kristin Hauge from SBVC reviewed the current planned athletic trainer aide certificate requirements and student-learning outcomes.
    - i. Examples of the course curriculum and learning outcomes were provided to each advisory committee member prior to the zoom meeting. (These items are included at the end of these meeting minutes)
  - b. Kristin Hauge called for discussion on the athletic trainer aide certificate course work.
  - c. Chanel Burrell from Jurupa Hills High School opened the conversation asking if the Kinesiology Work Experience hours will count if a student decides to attend a 4-year university.
    - i. Kristin Hauge of SBVC responded that yes according to the research completed by SBVC Athletic Trainer Keith Candelaria, yes, the hours will count.
  - d. Chanel also added thoughts on the Exercise Nutrition course being critical for the students to complete.

- i. Noting Athletic Trainer are often nutritionists for their athletes and must understand what the athlete's bodies need in terms of food and hydration.
    - ii. Also, many students in our community do not get enough or the proper food at home.
  - e. Channel asked that we share the certificate program information with the local high schools.
    - i. She brought up her school's senior seminar project that includes 8-10 students a year. Those students could start the certificate program before their high school graduation. She stated the more information any student trainer or trainer has, the more responsibility they can be given.
  - f. Scott Sunderland noted that Colton High School has a ROP program where high school students can start by taking an athletic training course as well.
  - g. Scott Sunderland from Colton High School noted their district has an athletic trainer for 35 hours a week to cover all of athletics. He noted a need for qualified trainers and hopes the district will look to bring in more support for their athletic programs.
    - i. Matt Maeda of San Geronio High School noted that their district allows funding for assistant trainers. He can bring in two a year to support their full-time trainer with 15-20 hours a week each at \$14 dollars an hour. He noted they always have a need for these positions, and he would love to create a relationship with the SBVC athletic training program.
      - 1. Matt indicated that many students from San Geronio got to SBVC and he would love to bring back his alumni to work on campus as trainer and coaches if possible.
    - ii. Tiffany Gordon from Grand terrace noted the need for trainers as well. Grand Terrace is in a similar position to Colton High School as they are in the same district. Grand Terrace currently contracts out for a trainer at 40 hours a week and looks to use a handful of students to help support the certified trainer they have hired. Currently those positions are unpaid so they just use high school students but if students from our program could volunteer, she would be interested as they would have the background needed to properly support the athletes and trainer.
      - 1. Tiffany also noted that currently the state of California does not require any certification for athletic trainers.
  - h. Matt Maeda and Tiffany Robertson from San Geronio brought up the need for the NFHA (National Federation of High School Sports Associations) courses. Their suggestion is that the SBVC add the free courses to the certificate curriculum. Those courses would include concussion, heat illness, sudden cardiac arrest, sports nutrition, ACL injuries, and steroids. There are also various other courses that would be useful as well.
  - i. Tiffany Robertson from San Geronio also suggested that student trainers in the work experience be exposed to numerous sports. She further suggested they spend time in high impact, medium impact, and low impact sports during their volunteering that way when they are hired or look to obtain a degree in athletic training they are prepared to work with all sports and injuries will vary.

- i. All parties agreed.
- j. Kristin Hauge asked about required courses and what committee thought.
  - i. Tiffany Gordon expressed that often numerous events are going on campus at the same time and the Athletic Director cannot be at everything thus she stated that the Athletic Trainer is often in charge at events. So, she feels it is critical that the Athletic Administration course is a requirement.
    - 1. The committee completely agreed so it was suggested that the Athletic Training course becomes mandatory.
    - 2. Kristin Hauge who developed the certificate indicated she will remove the Health 101 as a requirement and insert the Athletic Administration course in its place.
- k. Kristin Hauge followed up with questions about possible learning outcomes and all parties felt the list was very good. No changes were suggested.
- l. Kristin Hauge from SBVC called for more comments and none were had.
- m. Kristin informed all members that once the certificate is moved forward and in place, she will ensure that the committee is informed. In addition, she will ensure the SBVC Kinesiology Department promotes the program to our community and local schools so they can share this information with their students.
  - i. Kristin also told the committee that this program is being moved forward with a Fall of 2022 start date.
- n. Meeting adjourned.

**Prior to the meeting, each member of the committee was provided with the proposed certificate courses and student learning outcomes. Beyond general discussion, each member was asked to consider the following questions.**

1. Would you add classes, delete classes, or substitute other classes in place of the ones we are currently requiring?
2. For the Student Learning Outcomes, are there any you would delete?
3. Would you like to add any learning outcomes? If so, what are they?
4. If applicable to you, how often did you hire athletic coaches for your high school?
5. Do you have trainer aides at your high school? If so, is it a paid position or unpaid internship?
6. AD's, what do you look for most in the coaches you hire? Qualifications, history, etc.
7. Trainers and AD's – what do you want student trainer aides to learn and be able to do to assist a certified trainer?
8. Any misc. thoughts or feedback on any of this?
9. Do you find these certificates valuable to the students and to serve our community?

## **ATHLETIC TRAINER AIDE CERTIFICATE**

### **Proposed Trainer Aide Certificate Courses**

Anatomy

Physiology

Exercise Nutrition

First Aid & CPR

Introduction to Athletic Training

Health 101

120 hours of volunteering with certified trainer

### **Proposed Program Student Learning Outcomes:**

1. Construct an injury prevention for an athletic team based on knowledge of strength and conditioning, nutrition, health and safety and protective equipment.
2. Utilize appropriate knowledge and strategies to create an emergency action plan for an athletic team or teams.
3. Apply the practical skills of taping and wrapping techniques.
4. Demonstrate an appropriate and organized approach to event management.
5. Identify and evaluate appropriate strategies for rehabilitation of athletic injuries.
6. Demonstrate appropriate communication and behavioral skills and social attitudes necessary in an athletic training environment.
7. Demonstrate and apply knowledge of health-related fitness and wellness, injury prevention and management, strength and conditioning, and nutrition.
8. Identify, utilize, and apply necessary principles of sport management, event management, emergency management, legal liability, and problem solving.
9. Demonstrate an organized approach to communication while utilizing appropriate behavior skills and recognizing different social attitudes.
10. Demonstrate appropriate strategies and technical skills with athletic taping, injury recognition and injury rehabilitation.